

mind  
OUT

LGB&T mental  
health project

group support  
advice  
information  
advocacy

# MindOut

for each other

Everyone needs  
someone to talk to...

...do you?

Community Base, 113 Queens Road, Brighton, BN1 3XG

telephone 01273 234 839 (confidential answerphone)

email [info@mindout.org.uk](mailto:info@mindout.org.uk)

website [www.mindout.org.uk](http://www.mindout.org.uk)

