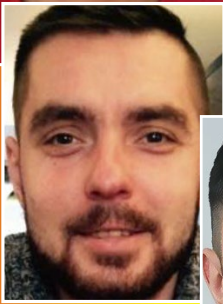


MindOut

BAME Wellbeing



Workshops for LGBTQ people from Black, Asian and Minority Ethnic backgrounds to talk about mental health and wellbeing

- For more information email: info@mindout.org.uk or phone 01273 234 839
- LGBTQ/BAME facilitators
- Confidential, non-judgemental and free



Registered charity number: 1140098